

## Legal Resources

### **Saint Joseph County**

*Indiana Legal Services*

(574) 234-8121

*Notre Dame Legal Aid Clinic (South Bend)*

574-631-7795

<https://law.nd.edu/academics/experiential-courses/clinics/>

Free, legal counsel and representation to economically disadvantaged individuals in St. Joseph County.

*The Volunteer Lawyer Network (South Bend)*

574-277-0075

<https://www.volunteerlawyernetwork.net/>

**Counties served: SAINT JOSEPH, ELKHART, LAPORTE, STARKE, MARSHALL, & KOSCIUSKO.**

Free, legal assistance and representation from community lawyers: adoptions, guardianships, divorce, landlord/tenant, consumer/collections, estate law, wills/Power of Attorney/Health Care Directives, contracts, bankruptcy, immigration, real estate, and more for under-resourced individuals.

## Medical Resources:

### **Mental Health & Local Hospitals**

(for addictions, please see “Addiction Resources” above)

#### *Grief & Bereavement*

### **Elkhart County**

*Ryan’s Place (Goshen)*

574-535-1000

[Http://ryansplace.org](http://ryansplace.org)

Grief and bereavement services for children, teens, and families.

## **St. Joseph County**

*Center for Hospice Care* (Mishawaka and South Bend)

(574) 277-4100 (Mishawaka)

(574) 243-3100 (South Bend)

<https://www.cfhcare.org/>

Center for Hospice Care offers a variety of bereavement programs to educate and support people experiencing grief following the loss of someone through death. Bereavement programs are available at no charge to anyone in the agency's service area. No prior relationship with Center for Hospice Care is needed to access our grief and bereavement services.

*United Health Services: Suicide Prevention Center* (Granger)

574-314-5426

[www.SJCSuicidePrevention.org](http://www.SJCSuicidePrevention.org)

Support groups for survivors who have lost a loved one to suicide, as well as Complicated Grief Counseling for those suffering from a suicide loss.

## **National**

*American Cancer Society*

800-227-2345

<https://www.cancer.org/>

Information, resources, and support for an individual experiencing grief and loss of someone with cancer. \*En Espanol

*NFDA: Remembering a Life*

800-228-6332

<http://www.rememberingalife.com/grief>

Information and resources for an individual experiencing grief and loss.

## ***Hospitals & Health Centers***

### **Elkhart County**

*Elkhart General Hospital*

(574) 294-2621

<https://www.beaconhealthsystem.org/location/elkhart-general-hospital/>

Services include both inpatient & outpatient care, urgent care, pediatric and primary physician care.

*Heart City Health* (Elkhart)

(574)-293-0052

<http://www.heartcityhealth.org/>

Heart City Health is a 501(c)(3) non-profit Federally Qualified Health Center (FQHC) providing affordable, high quality medical, dental, and behavioral health care to residents of Elkhart County.

*Maple City Health Care Center (Goshen)*

(574) 534-3300

[connect@mchcc.org](mailto:connect@mchcc.org)

Care for people of all ages, nationalities, and income levels, offering health services and counseling for various conditions or issues.

*Planned Parenthood (Elkhart)*

(574)-294-7561

<https://www.plannedparenthood.org/health-center/indiana/elkhart/46516/elkhart-health-center-2756-90500>

*Vista Community Health Center (Goshen)*

(574) 534-0088

[connect@mchcc.org](mailto:connect@mchcc.org)

Care for people of all ages, nationalities, and income levels, offering health services and counseling for various conditions or issues.

## **St. Joseph County**

*AIDS Ministries/AIDS Assist (South Bend)*

574-234-2870

<http://www.aidsministries.org/client-services.html>

STD Information & testing site, medication management, on-site physician, housing/shelter assistance, financial assistance, substance abuse programs and services, transportation/bus assistance, and much more. AIDS Ministries also offers a food pantry.

*Beacon Children's Hospital Behavioral/Developmental Pediatrics Program*

(574) 647-2250

Experienced therapists, nurses and physicians that provide a complete evaluation to determine the treatment plan that maximizes your child's potential – a comprehensive plan that takes into consideration your child's physical, emotional and social well-being.

*Beacon Memorial Hospital*

(574) 647-1000

<https://www.beaconhealthsystem.org/location/memorial-hospital/>

Services include both inpatient & outpatient care, urgent care, pediatric and primary physician care.

*Healthline-Centennial Clinic (South Bend)*

1708 High St, South Bend, IN 46613

574-400-4550

<https://healthlinchc.org/services/>

Healthcare services to uninsured individuals and families of

St. Joseph County; sliding fee (based on income) available. \*En Espanol

*Health Center: Sister Maura Brannick, CSC (South Bend)*

574-335-8222

<http://www.sjmed.com/sister-maura-brannick-csc-health-center>

Healthcare services to uninsured individuals and families of St. Joseph County.

*HealthLinc Community Health Center (Mishawaka)*

420 West 4<sup>th</sup> Street, Mishawaka, In 46544

574-307-7673

<https://healthlincchc.org/services/>

Healthcare services to uninsured individuals and families of St. Joseph County; sliding fee (based on income) available. \*En Espanol

*Imani Unidad (South Bend)*

<http://www.imaniunidadinc.org/>

(574) 288-2887

Imani Unidad seeks to help marginalized members of the South Bend and Elkhart communities to improve their social, mental and emotional well-being through counseling, advocacy, and preventative education.

*Indiana Health Centers (South Bend)*

<http://www.indianahealthonline.org/>

IHC Community Health Center of Bendix

1010 N. Bendix Drive, South Bend, IN 46628. (574) 245-4980

IHC Michigan Street

765 S. Michigan Street, South Bend, IN 46601. (574) 235-7990

IHC at South Bend

1901 Western Avenue, South Bend, IN 46619. (574) 234-9033

Indiana Health Centers, Inc. is a Federally Qualified Health Center (FQHC) providing medical, dental, and behavioral health care to the medically underserved and uninsured populations of the state. Our facilities throughout Indiana provide primary care on a sliding fee scale to patients of all ages who might not otherwise be able to afford quality healthcare.

*IUSB Health & Wellness Center (South Bend)*

Vera Z. Dwyer Hall

1960 Northside Blvd., South Bend, IN 46615

574-520-5557

<https://healthlincchc.org/services/>

Healthcare services to uninsured individuals and families of St. Joseph County; sliding fee (based on income) available. \*En Espanol

*Planned Parenthood (Mishawaka)*

574-255-9555

<https://www.plannedparenthood.org/health-center/indiana/Mishawaka/46545/mishawaka-health-center-2758-90500>

*St. Joseph Regional Medical Center*

(574) 335-5000

<https://www.sjmed.com/mishawaka-medical-center>

Services include both inpatient & outpatient care, urgent care, pediatric and primary physician care.

*Women's Care Center*

<http://www.womenscarecenter.org>

3530 Lincolnway West, South Bend, IN 46628. (574) 234-0403

360 North Notre Dame Avenue, South Bend, IN 46617. (574) 234-0363

1635 N. Ironwood Drive, South Bend, IN 46635. (574) 273-8986

Women's Care Center provides free, confidential counseling, support and education to women facing unplanned pregnancies. Free pregnancy testing and ultrasounds help determine viability and dates (prenatal medical care and abortions not provided).

### ***Mental Health***

#### **Elkhart County**

*Oaklawn (Elkhart)*

574-533-1234

<https://oaklawn.org/adult-services/>

Mental health crisis services, such as suicide prevention and emergency psychiatric services.

#### **St. Joseph County**

*Memorial Epworth Hospital (South Bend)*

574-647-8400

<https://www.beaconhealthsystem.org/locations/epworth-hospital/about-epworth-hospital>

Mental health crisis services, such as suicide prevention and emergency psychiatric services.

*NAMI (National Alliance on Mental Illness St. Joseph Chapter)*

574-259-3564

<http://namisjc.org/>

Support, education, and advocacy for people with mental illness, and their family and friends. Services are free and offered to St. Joseph County residents as well as other counties and states.

*Oaklawn* (Mishawaka and South Bend)

800-282-0809

<https://oaklawn.org/>

Our area's largest mental health and addictions provider; family, individual, and children's services.

## **National**

*NAMI* (*National Alliance on Mental Illness*)

703-524-7600 741741 (text "Nami") 741741

<https://www.nami.org/Find-Support>

Information and resources for a variety of mental health concerns. Programs, information about living with a mental illness, resources for families and friends, discussion groups, etc... Something for everyone: teens, adults, all genders, LGBTQ, emergency workers, veterans and active duty, and more.

*NEDA* (*National Eating Disorder Association*)

800-931-2237 (Hotline)

741741 (Text "NEDA" to chatline)

<https://www.nationaleatingdisorders.org/>

Information, resources, and programs for those affected by eating disorders. \*En Espanol

*Veterans Crisis Line*

800-273-8255 (Hotline) 838255 (Text line)

<https://www.veteranscrisisline.net/>

Information, resources, and crisis intervention for veterans, active duty, and family/friends.