

# Emergency & Crisis Resources

(In case of an emergency please dial 911)

## *Child Abuse and Neglect*

### **St. Joseph County**

*The CASIE Center*

(574) 282-1414

<https://www.casiecenter.org/>

Provides a comprehensive and coordinated multidisciplinary team approach to the problem of child abuse, with emphasis on sexual abuse.

*Child Abuse Protection Services (CPS)*

(574) 232-3042

### **Statewide**

*DCS Child Abuse and Neglect Hotline*

800-800-5556 (24-hour hotline)

### **National**

*CDF National Office (Children's Defense Fund)*

202-628-8787

[cdinfo@childrensdefense.org](mailto:cdinfo@childrensdefense.org)

Provides advocacy, programs, and tools to help children reach their full potential.

*National Hotline: via Child Help*

800-4A-CHILD

<https://www.childhelp.org/hotline/-800-4A-CHILD>

Serves U.S. & Canada, 24/7/365, 100+languages.

## *Child Care*

### **Statewide**

*Early Childhood Alliance (ECA)*

1-800-423-2501 or (260) 745-2501

<https://www.ecalliance.org/>

Early Childhood Alliance is a non-profit organization serving the early education needs of children across northern Indiana. Our services include: on-site early care and education.

### **Saint Joseph County**

*Healthy Families SJC*

(574) 287-0541

300 S St Louis Blvd Suite 100, South Bend, IN 46617

Healthy Families helps parents of newborn babies or expectant parents by offering support and information about child development and what to expect as a new parent.

## *Interpersonal Violence*

### **Elkhart County**

Domestic Violence, Sexual Abuse, Sexual Assault, and Rape

*YWCA* (Elkhart)

866-YES YWCA (24/7 hotline)      574-294-1811 \*En Espanol, non-emergency  
<https://www.ywcancin.org/who-we-are/ywca-elkhart-county/programs-and-services/>  
Programs and services for women (and their children) who have been abused; provides shelter, meals, services, programs, counseling, job readiness, counseling, referrals, and more.

*Elkhart County Women's Shelter* (Elkhart)

574-294-1811

<http://ifitelkhart.webs.com/ecws.htm>

Programs and services for women (and their children) who have been abused; provides shelter, meals, services and programs, and a non-public/hidden address of shelter.

### **Saint Joseph County**

Domestic Violence, Sexual Abuse, Sexual Assault, and Rape

*Center for Positive Change* (South Bend)

574-360-4066

<https://www.centerforpositivechange.org/>

Has batterer's intervention groups for men and women as well as many other services.

*S-O-S of the Family Justice Center* (South Bend)

574-289-4357 (24/7 hotline)

<https://fjcsjc.wordpress.com/programs-and-services/>

Can help with safety planning and assessments, advocacy and support, crisis intervention, protective order assistance, referrals (counseling, legal, shelter, medical care, financial support, etc.), and much more. \*En Español

*YWCA* (South Bend)

866-YES-YWCA (24/7 hotline)

Services for domestic violence and sexual assault; shelter available.

### **National**

*National Domestic Violence Hotline* \*En Español

<https://www.thehotline.org/>

800-799-7233      1-800-787-3224 (TTY)

*National Human Trafficking Hotline*

888-373-7888 (Hotline)      233733 (Text Line)

<https://humantraffickinghotline.org/>

Information and resources for human trafficking. \*En Espanol

## ***Suicide Prevention***

(If there is a crisis, please call 911 or go to one of the hospitals listed on page of the Community Resource Guide .)

### **Elkhart County**

*Crisis Distress Center* (will transfer call to Mishawaka and South Bend locations)

574-283-1234 (24-hour Oaklawn Access Center)

If they cannot help, they will help find the resources that are needed.

### **St. Joseph County**

*United Health Services: Suicide Prevention Center* (Granger)

574-314-5426

[www.SJCSuicidePrevention.org](http://www.SJCSuicidePrevention.org)

Support groups for survivors who have lost a loved one to suicide, as well as

Complicated Grief Counseling for those suffering from a suicide loss.

### **Statewide Hotline**

*Zero Suicide Initiative: Community Health Network*

800-273-8255 (Hotline)                      741741 (text "IN")

Crisis hotline and chatline for psychiatric emergencies in the state of Indiana; trained staff.

### **National Hotline**

*National Suicide Prevention Hotline*

800-273-8255 (24/7/365)

<https://suicidepreventionlifeline.org/>

Information, resources, and 24/7 confidential suicide prevention hotline. \*En Espanol

741741 (text "help")

<https://www.crisistextline.org/>

Chatline for an individual in crisis to confidentially text a crisis counselor.

## **Addiction Resources**

### **Elkhart County**

*AA (Alcoholics Anonymous)* (Michiana)

574-324-7007 (Hotline)

<http://www.michianasober.org/>

Michiana Chapter of Alcoholics Anonymous.

*Addictions Recovery Center, Inc.* (Elkhart and Goshen)

574-807-8690

<http://www.arcenters.com/>

Outpatient services, assessments, counseling, and education regarding substance abuse.

*NA (Narcotics Anonymous)* (Michiana)

888-467-3527

[http://www.naindiana.org/ShowArea.php?iAreaID\\_req=12](http://www.naindiana.org/ShowArea.php?iAreaID_req=12)

For those struggling with drug addiction

*YWCA North Central*

866-YES-YWCA (Hotline)

574-294-1811

<http://www.ywcancin.org/>

Provides addiction and self-sufficiency services for women and children; shelter available.

### **St. Joseph County**

*AA (Alcoholics Anonymous)* (Michiana)

574-234-7007 (Hotline)

<http://www.michianasober.org/>

Michiana Chapter of Alcoholics Anonymous.

*Addictions Recovery Center, Inc.* (South Bend)

574-807-8690

<http://www.arcenters.com/>

Outpatient services, assessments, counseling, and education regarding substance abuse.

*Al-Anon (Alcoholics-Anonymous)* (Michiana)

574-236-5736

<https://www.michianaanon.org/>

Support for families, partners, and children of loved ones in AA and/or struggling with addiction.

*Alcohol and Addictions Resource Center* (South Bend)

574-234-6024

<https://aarcinfo.org/>

Provides education, services, programs, resources (inpatient, outpatient, meetings, etc.), assessments, and more regarding substance abuse (alcohol and drugs) for the individual as well as family and friends.

*Center for Positive Change* (South Bend)

574-360-4066

<https://www.centerforpositivechange.org/>

Individual and group services for substance abuse.

*NA (Narcotics Anonymous)* (Michiana)

888-467-3527

[http://www.naindiana.org/ShowArea.php?iAreaID\\_req=12](http://www.naindiana.org/ShowArea.php?iAreaID_req=12)

For those struggling with drug addiction

*YWCA North Central (South Bend)*

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574-294-1811

<http://www.ywcancin.org/>

Provides addiction and self-sufficiency services for women and children; shelter available.

**National**

*Center on Addiction*

212-841-5200

<https://www.centeronaddiction.org/>

*SAMHSA (Substance Abuse and Mental Health Services Administration)*

877-726-4727

<https://www.samhsa.gov/>

Information and resources for a variety of mental health concerns. \*En Espanol